

But First, Coffee.

BUTTER COFFEE = CLEANER ENERGY

we source our organic coffee beans locally from **third coast coffee**.
grass-fed butter is blended to frothy perfection for stabilized energy.
mct oil from coconuts tells your body + brain to start burning fat.
traditional wood-fired **maple syrup** adds deep flavor + minerals.
grass-fed whey or collagen protein elevates nutrition + creaminess.

| | 12oz | 16oz |
|---|--------|--------------------|
| cappuccino coffee . butter . mct oil . whey protein add-on: maple syrup metabolism + productivity | \$5.50 | \$6.20 + \$.75 |
| house chai herbal roibos tea . butter . mct oil vanilla . cardamom . ginger . ashwagandha cinnamon . maple syrup . whey protein add-on: coffee thyroid + adrenal support | \$5.25 | \$5.75 + \$1.00 |
| mocha latte coffee . butter . mct oil . raw cacao . maple syrup . whey protein mood endorphins + stress relief | \$7.25 | \$7.75 |
| golden milk matcha matcha green tea . butter . mct oil turmeric . black pepper . clove . cayenne cinnamon . maple syrup . whey protein concentration + cell repair | \$7.25 | \$7.75 |
| pumpkin spice coffee . butter . mct oil . cinnamon . nutmeg . ginger . maple syrup . whey protein digestion + fat burning | \$6.25 | \$6.75 |
| candy cane mocha coffee . butter . mct oil . raw cacao . peppermint essential oil . maple syrup . whey protein energizing + invigorating | \$7.50 | \$8.00 |
| mayan mocha coffee . butter . mct oil . raw cacao . mesquite . lucuma . maca . ashwagandha . cordyceps mushroom . cayenne . cinnamon . stevia . maple syrup . whey protein libido + hormone support | \$7.50 | \$8.00 |
| chaga hot chocolate wildcrafted chaga . butter . mct oil . raw cacao . rose hip . eleuthero . maple syrup . whey protein add-on: coffee immunity + performance | \$7.25 | \$7.75 + \$1.00 |
| plain + simple coffee . butter . mct oil | \$4.25 | \$5.00 |

COCONUT MILK OR CASHEW MILK + COLLAGEN PROTEIN UPON REQUEST

ANYTHING ELSE?

| | |
|--|----------|
| brain octane energy . focus | + \$.50 |
| moon dusts by moon juice adaptogenic . bioactive . cosmic consciousness choose from: spirit . beauty . brain . power | + \$1.00 |
| natural stacks protein grass-fed whey + collagen + colostrum choose from: raw cacao . madagascar vanilla bean | + \$1.00 |

WAIT - THERE'S MORE!



Hello, Sunshine.

BONE BROTH

| | 12oz | 16oz |
|--|--------|--------|
| chicken bone broth chicken bone broth . himalayan sea salt add-ons: ginger . turmeric . cayenne | \$4.25 | \$5.50 |
| butter bones chicken bone broth . mct oil . himalayan sea salt choose: grass-fed butter or coconut milk add-ons: ginger . turmeric . cayenne | \$6.00 | \$7.25 |

SHAKES + TEA

| | |
|--|--------|
| green machine juiceland's applelilly cold-pressed juice . banana . mango . kale . primal fuel | \$9.50 |
| the yeti blended frappe: coffee . mct oil . maple syrup . primal fuel | \$6.50 |

FOOD

OUR MENU IS 100% GLUTEN, CORN, PEANUT AND SOY FREE

| | |
|---|--------------------------|
| eggs and bacon breakfast taco (available until sold out) siete's almond flour tortilla . eggs . sugar-free bacon | \$3.95 |
| eggs and sausage breakfast taco (available until sold out) siete's almond flour tortilla . eggs . grass-fed beef breakfast sausage | \$3.95 |
| chorizo frittata (available until sold out) eggs . avocado oil mayo . collard greens . caramelized onions . pastured chorizo | \$3.95 |
| oatmeal (v) oats . maple syrup + pumpkin pie: candied pecans . pumpkin puree . cinnamon . ginger + apple cider: mulling spices . ashwagandha . apple + chocolate maca: maca . cordyceps . lucuma . chocolate chips . bee pollen | \$4.99 |
| lemon kale quinoa bowl (v) quinoa . kale . shaved brussels . roasted beets . roasted carrots . roasted butternut squash . pomegranate . charred lemon vinaigrette ★ . pepitas . radish | \$9.75 |
| broccoli crunch broccoli . currants . honey cayenne chicken . red onion . toasted almond . house dressing ▲ | \$13.50 |
| panini ● fermented sourdough . chef's choice | \$12.00 |
| chicken collard wrap chef's choice chicken salad . fruit side | \$12.50 |
| daily soup bone broth based . small batch | cup \$4.95 bowl \$9.00 |

WAIT - THERE'S MORE! →

● contains cheese ▲ contains eggs ★ contains honey (v) vegetarian

Symbols are only featured if the item cannot be omitted.