

# But First, Coffee.

## BUTTER COFFEE = CLEANER ENERGY

we source our organic coffee beans locally from **third coast coffee**.  
**grass-fed butter** is blended to frothy perfection for stabilized energy.  
**mct oil** from coconuts tells your body + brain to start burning fat.  
traditional wood-fired **maple syrup** adds deep flavor + minerals.  
**grass-fed whey or collagen protein** elevates nutrition + creaminess.

	12oz	16oz
<b>cappuccino</b> coffee . butter . mct oil . whey protein <b>add-on:</b> maple syrup metabolism + productivity	\$5.50	\$6.20 + \$.75
<b>house chai</b> herbal roibos tea . butter . mct oil vanilla . cardamom . ginger . ashwagandha cinnamon . maple syrup . whey protein <b>add-on:</b> coffee thyroid + adrenal support	\$5.25	\$5.75 + \$1.00
<b>mocha latte</b> coffee . butter . mct oil . raw cacao . maple syrup . whey protein mood endorphins + stress relief	\$7.25	\$7.75
<b>golden milk matcha</b> matcha green tea . butter . mct oil turmeric . black pepper . clove . cayenne cinnamon . maple syrup . whey protein concentration + cell repair	\$7.25	\$7.75
<b>pumpkin spice</b> coffee . butter . mct oil . cinnamon . nutmeg . ginger . maple syrup . whey protein digestion + fat burning	\$6.25	\$6.75
<b>candy cane mocha</b> coffee . butter . mct oil . raw cacao . peppermint essential oil . maple syrup . whey protein energizing + invigorating	\$7.50	\$8.00
<b>mayan mocha</b> coffee . butter . mct oil . raw cacao . mesquite . lucuma . maca . ashwagandha . cordyceps mushroom . cayenne . cinnamon . stevia . maple syrup . whey protein libido + hormone support	\$7.50	\$8.00
<b>chaga hot chocolate</b> wildcrafted chaga . butter . mct oil . raw cacao . rose hip . eleuthero . maple syrup . whey protein <b>add-on:</b> coffee immunity + performance	\$7.25	\$7.75 + \$1.00
<b>plain + simple</b> coffee . butter . mct oil	\$4.25	\$5.00

COCONUT MILK OR CASHEW MILK + COLLAGEN PROTEIN UPON REQUEST

## ANYTHING ELSE?

<b>brain octane</b> energy . focus	+ \$.50
<b>moon dusts by moon juice</b> adaptogenic . bioactive . cosmic consciousness <b>choose from:</b> spirit . beauty . brain . power	+ \$1.00
<b>natural stacks protein</b> grass-fed whey + collagen + colostrum <b>choose from:</b> raw cacao . madagascar vanilla bean	+ \$1.00

WAIT - THERE'S MORE!



# Hello, Sunshine.

## BONE BROTH

	12oz	16oz
<b>chicken bone broth</b> chicken bone broth . himalayan sea salt <b>add-ons:</b> ginger . turmeric . cayenne	\$4.25	\$5.50
<b>butter bones</b> chicken bone broth . mct oil . himalayan sea salt <b>choose:</b> grass-fed butter or coconut milk <b>add-ons:</b> ginger . turmeric . cayenne	\$6.00	\$7.25

## SHAKES + TEA

<b>green machine</b> juiceland's applelilly cold-pressed juice . banana . mango . kale . primal fuel	\$9.50
<b>the yeti</b> blended frappe: coffee . mct oil . maple syrup . primal fuel	\$6.50

## FOOD

OUR MENU IS 100% GLUTEN, CORN, PEANUT AND SOY FREE

<b>eggs and bacon breakfast taco</b> ● (available until sold out) siete's cassava flour tortilla . eggs . sugar-free bacon . raw cheddar . tomatillo salsa	\$6.50
<b>sausage breakfast taco</b> (available until sold out) siete's cassava flour tortilla . eggs . grass-fed beef breakfast sausage . sweet potato . spinach . chipotle aioli*▲	\$6.50
<b>chorizo frittata</b> (available until sold out) eggs . avocado oil mayo . collard greens . caramelized onions . pastured chorizo	\$3.95
<b>oatmeal (v)</b> oats . maple syrup <b>+ pumpkin pie:</b> candied pecans . pumpkin puree . cinnamon . ginger <b>+ apple cider:</b> mulling spices . ashwagandha . apple <b>+ chocolate maca:</b> maca . cordyceps . lucuma . chocolate chips . bee pollen	\$4.99
<b>lemon kale quinoa bowl (v)</b> quinoa . kale . shaved brussels . roasted beets . roasted carrots . roasted butternut squash . pomegranate . charred lemon vinaigrette ★ . pepitas . radish	\$9.75
<b>broccoli crunch</b> broccoli . currants . honey cayenne chicken . red onion . toasted almond . house dressing ▲	\$13.50
<b>panini</b> ● fermented sourdough . chef's choice	\$12.00
<b>chicken collard wrap</b> chef's choice chicken salad . fruit side	\$12.50
<b>daily soup</b> bone broth based . small batch	cup \$4.95   bowl \$9.00

————— **WAIT – THERE'S MORE!** —————>

● contains cheese   ▲ contains eggs   ★ contains honey   (v) vegetarian

Symbols are only featured if the item cannot be omitted.

\* Consuming raw or undercooked meats, poultry, seafood, shellfish,  
or eggs may increase your risk of foodborne illness.